Clear Response
Comprehensive detoxification formula

- Vegetarian pea protein formula with excellent taste profile
- Comprehensive blend of vitamins, minerals, amino acids and botanicals to support phase I and II detoxification
- Enzyme blend provides digestive support
- Contains the activated forms of B6, B12, and folate (5-methyltetrahydrofolate)
- Greenselect® Phytosome™ for antioxidant defense

As our internal purification system, the liver, along with our gastrointestinal system, must be in prime working order to help maintain optimal health. But with constant bombardment from environmental toxins, medication usage and poor diet and lifestyle choices, evidence shows that both systems may be in need of support to manage an increased toxin burden. Support the body’s detoxification function with a nutrition-based detoxification formula. INNATE’s gentle cleansing formulation, Clear Response, combines vitamins, minerals, botanicals, digestive enzymes and detoxification-specific amino acids.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.
The efficacy of nutritional detoxification

The removal of toxins from the body has long been an integral part of ancient medical modalities including Ayurvedic, yogic and naturopathic medicine. These systems suggest that poor health may be the result of toxin buildup. Though more research is needed, some studies are now exploring the efficacy of nutritional detoxification support. One study, analyzing a 7-day detoxification program, noted that subjects saw a significant reduction in symptomatology. This study concluded that liver detoxification may contribute to overall wellbeing. Another paper examined the effectiveness of a medical food-supplemented detoxification program versus a hypoallergenic, calorie-controlled diet in the management of symptoms in chronic health problems. The researchers found that 84 of 106 subjects saw a 52% reduction in symptoms. These findings led them to conclude that a supplemental medical food program may provide an important adjunctive therapy for some patients.

Key Ingredients

All of the Clear Response™ components were selected for their supportive actions within the gastrointestinal system and for Phase I and II liver detoxification.

Greenselect Phytosome: The antioxidant activity of green tea has been well documented. Greenselect Phytosome is the gold standard of green tea extracts delivering proven antioxidant activity on healthy blood profiles, oxidative stress and lymphocytes. Clear Response provides 160 mg of this powerful nutrient per serving. In a recent study, 24 female subjects ingested Greenselect Phytosome over a six-week period. Researchers found the Greenselect group experienced significant increases in the total antioxidant activity (TAA), plasma concentration, and radical antioxidant parameter (TRAP), compared to control subjects. The results of this study suggests that moderate intake of Greenselect in healthy subjects improves antioxidant defenses in plasma and protects lymphocytes from DNA oxidative damage.

Yellow Pea Protein: Clear Response offers 19 grams of vegan pea protein. This easy-to-digest protein is rich in essential and nonessential amino acids that are easy to absorb, non-allergenic and get right to work in the body.

Glycine is an amino acid and protein building block needed for bile production and the support of Phase II liver detoxification. One study also demonstrates that it may play a role in activating pathways in hepatic cells to improve basic metabolism and liver function.

L-Glutamine is an amino acid that has been shown to reduce inflammation and irritation to support a strong intestinal lining. One 2016 study notes that while underlying mechanisms remain unknown, L-Glutamine is associated with improved intestinal mucosal barrier function by enhancing the abundance of TJ protein and altering intracellular localization in intestinal porcine epithelial cells.

Broad Spectrum Digestive Enzyme Formula: Digestive enzymes are known to offer a variety of benefits for the digestive system by helping to break down nutrients and increase absorption. In fact, enzymes have recently been shown to play a central role in detoxification pathways.

Sources:
5 Ibid. J Nutri Biochem.
6 Ibid.

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